

REHABILITATION MONOGRAPH XX

**HOMEMAKING AND HOUSING FOR THE DISABLED  
IN THE UNITED STATES OF AMERICA**

Compiled by:

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NEW YORK, N. Y., 10011

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**HOMEMAKING AND HOUSING FOR THE DISABLED  
IN THE UNITED STATES OF AMERICA**

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tion and Welfare.

October 1961

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## C O N T E N T S

### HOMEMAKING

Centers Providing Programs for the Disabled Homemaker

Survey of Facilities, Personnel and Practices  
of Homemaking Programs in the U.S.A.

Organizations Concerned With Problems of the  
Disabled Homemaker

Interested Individuals

Bibliography

### HOUSING

Housing Projects for the Aged

Housing Projects for the Disabled

Sponsoring Organizations

Bibliography

NOTE: The items included in the bibliographies are all reference information that has been written on this subject for the past approximately ten years. Some of these articles have been noted as out of print. It is quite possible that there are others, not so identified, that are also no longer available. Many of them are in the reference file of the Homemaking Service at the Institute of Physical Medicine and Rehabilitation.



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<http://archive.org/details/homemakinghousin00juli>

## **HOMEMAKING FOR THE DISABLED**





## CENTERS PROVIDING TRAINING FOR THE DISABLED HOMEMAKERS

### ARIZONA

Samuel Gompers Memorial  
Rehabilitation Center  
7211 North Seventh Street  
Phoenix, Arizona  
Jean Hays, OTR, Acting Supervisor

### CALIFORNIA

California Rehabilitation Center  
1 Pico Boulevard  
Santa Monica, California  
D. Cooke, OTR

May T. Morrison Center for Rehabilitation  
1680 Mission Street  
San Francisco, California  
Ruth P. Lacey, OTR, Supervisor of O.T.

Los Angeles County General Hospital  
Orthopedic Section  
Occupational Therapy Department  
1200 North State Street  
Los Angeles 33, California  
Mrs. Phoebe Ward, Head O.T.  
Patricia A. Cabrinha, OTR, Senior O.T.  
(in progress)

Orange County General Hospital  
Orange, California  
Joan S. White, Dietitian

TB Sanitarium  
Santa Clara County Hospital  
San Jose, Los Gatos Road  
San Jose 28, California  
Elaine Liong, OTR

Rancho Los Amigos Hospital  
7601 East Imperial Highway  
Downey, California  
Janet Stone, OTR, Chief O.T.

### CONNECTICUT

Gaylord Hospital and Sanatorium  
Box 440  
Wallingford, Connecticut  
Frances Hume, OTR, Director of O.T.

Hartford Rehabilitation Center  
2 Holcomb Street  
Hartford, Connecticut  
Clari Bare, OTR, Supervisor of O.T.

Rehabilitation Center of Southern  
Fairfield County  
26 Palmer's Hill Road  
Stamford, Connecticut  
Barbara Newhaus, OTR, Director of O.T.

Easter Seal Rehabilitation Center  
54 Ridge Street  
Waterbury 6, Connecticut  
Marian Maurer, OTR, Chief O.T.

### GEORGIA

Georgia Warm Springs Foundation  
Warm Springs, Georgia  
Beverly Alexander, OTR, Dir. O.T.  
Ann Martin, R.P.T.

Georgia Society for Crippled  
Children and Adults  
1001 Ponce de Leon Avenue, N.E.  
Atlanta 6, Georgia  
Mrs. Barbara Grant, OTR, Chief O.T.

### HAWAII

Hawaii Heart Association  
1018 Lunalilo Street  
Honolulu 14, Hawaii

## HAWAII (continued)

The Rehabilitation Center of Hawaii  
226 North Kuakini Street  
Honolulu 17, Hawaii  
Jeanette Sato, Chief O.T.

Waimano Home  
State of Hawaii, Department of Health  
Pearl City, Oahu, Hawaii  
Aileen M. L. Lau, Dir. O.T.

Leahi Hospital  
3675 Kilauea Avenue  
Honolulu 16, Hawaii  
Mrs. Bernadette Young Lau  
Department of O.T.

## ILLINOIS

University of Illinois  
Research & Education Hospital  
1853 West Polk Street  
Chicago 12, Illinois  
Barbara Loomis, OTR

Rehabilitation Institute of Chicago  
401 East Ohio Avenue  
Chicago 11, Illinois  
Mr. Clark Sabine, OTR, Dir. O.T.

Chicago Heart Association  
22 West Madison Street  
Chicago 2, Illinois  
Sponsors programs at:  
Mary Thompson Hospital  
140 North Ashland Boulevard  
Chicago 12, Illinois

and  
Museum of Science and Industry  
Chicago, Illinois

## INDIANA

Indiana University Medical Center  
1100 West Michigan Street  
Indianapolis 7, Indiana  
Patricia Laurencelle, OTR, Dir. O.T.

The Rehabilitation Center  
Vanderburgh County Society  
for Crippled Children  
3701 Bellemeade Avenue  
Evansville, Indiana  
Elizabeth Warner, OTR, Sup. O.T.

## INDIANA (continued)

Crossroads Rehabilitation Center  
3242 Sutherland Avenue  
Indianapolis, Indiana  
Kathleen Murphy, OTR  
Supervisor, A.D.L.

Allen County League for the Blind, Inc.  
227 East Washington Street  
Fort Wayne 2, Indiana  
Jane Coffee, OTR

## IOWA

Iowa Heart Association  
2100 Grand Avenue  
Des Moines 12, Iowa

## MAINE

Hyde Memorial Rehabilitation Hospital  
616 Hyde Street  
Bath, Maine  
Mrs. Joan W. Bishop, OTR

## MARYLAND

Heart Association of Maryland, Inc.  
415 North Charles Street  
Baltimore 1, Maryland  
Lucy G. Morse, OTR,  
Assistant Program Director

## MASSACHUSETTS

The Boston Dispensary  
Rehabilitation Institute  
25 Bennett Street  
Boston 11, Massachusetts  
Mrs. Valborg Hamberg, OTR, Chief. O.T.

Western Massachusetts Rehabilitation  
Center, Springfield Hospital  
759 Chestnut Street  
Springfield 7, Massachusetts  
Rose C. Wilkers, OTR

Rehabilitation Center of Worcester  
30 Highland Street  
Worcester 8, Mass.  
Nancy Whenman, OTR, Dir. O.T.

Massachusetts General Hospital  
Boston 14, Massachusetts  
Phyllis C. Depp, OTR

## MICHIGAN

Ingham County Rehabilitation Center  
1215 Michigan Avenue  
Lansing, Michigan  
Shirley Fritz, OTR, Staff O.T.

Rehabilitation Institute of Detroit  
261 Brady Street  
Detroit 7, Michigan  
Una J. Sain, R.N.  
(with Wayne State University)

Michigan Heart Association  
Doctors Building, 3919 John R.  
Detroit 1, Michigan  
Mrs. Ruth Kettenun

University Hospital  
The University of Michigan  
1405 East Ann Street  
Ruth B. Miller, OTR

The Arthritis & Rheumatism Foundation  
Michigan Chapter  
1528 Woodward Avenue  
Detroit 26, Michigan  
Joy Cordery, OTR, Consultant

## MINNESOTA

St. Paul Rehabilitation Center  
319 Eagle Street  
St. Paul 2, Minnesota  
Ruth Ward, OTR, Sup. O.T.

Extension Service  
U.S. Department of Agriculture  
University of Minnesota  
Institute of Agriculture  
St. Paul 1, Minnesota  
Mrs. Marian Melrose  
State Home Economics Agent

Gillette State Hospital for  
Crippled Children  
1002 Ivy Avenue, East  
St. Paul 6, Minnesota  
Nancy Morin, OTR, Staff Therapist

St. John's Hospital  
403 Maria Avenue  
St. Paul 6, Minnesota  
Evelyn Eichler, OTR  
Hosp. Admin. Ass't & Coordinator

## MINNESOTA (continued)

Arthritis & Rheumatism Foundation  
89 South 10th Street  
Minneapolis 3, Minnesota  
(Homemaking training in the home by R.N.'s)  
R. V. Stevenson, Exec. Dir.

Fairview Hospital Rehabilitation Center  
2312 South Sixth Street  
Minneapolis 6, Minnesota  
Mrs. Debi Broeker, OTR

Regional Rehabilitation Center  
of the Society for the Blind  
Minneapolis Society for the Blind  
1936 Lyndale Avenue, South  
Minneapolis 5, Minnesota  
Patricia Donohue, Home Economist

St. Mary's Hospital  
2414 Seventh Street, South  
Minneapolis 6, Minnesota  
Catherine Daniewicz, OTR  
Rehabilitation Coordinator

Mankato Rehabilitation Center  
202 National Citizens Bank Bldg.  
Mankato, Minnesota (out patients)  
Francis Mulhern, OTR  
Executive Director

St. Luke's Hospital  
915 East First Street  
Duluth, Minnesota  
Violet Fry, OTR, Head O.T.

Minnesota Heart Association  
(with U. of Minnesota Program)  
1821 University Avenue  
St. Paul 4, Minnesota

## MISSOURI

Rehabilitation Institute  
3600 Troost Street  
Kansas City 9, Missouri  
Mrs. Helen Hadley, Chief O.T.

Irene Walter Johnson Institute  
of Rehabilitation  
Barner Hospital & Washington Univ.  
St. Louis Missouri  
Sue Hayes, OTR, Chief O.T.

## MONTANA

Montana Heart Association  
Professional Building  
510 First Avenue North  
Great Falls, Montana

## NEW JERSEY

Middlesex Rehabilitation  
and Polio Hospital  
George Road & U.S. Route 1  
New Brunswick, New Jersey  
Joanne Spencer, Chief O.T.

Kessler Institute for Rehabilitation  
Pleasant Valley Way  
West Orange, New Jersey  
Janet Murray, OTR, Dir. O.T.

## NEW YORK

Brooklyn Bureau of Social Service  
285 Schemmerhorn Street  
Brooklyn 17, New York  
Mrs. Nathalie D. Preston  
Jewell K. Phillips, Ass't. Dir.

Rehabilitation Services, Inc.  
200 Court Street  
Binghamton, New York  
Barbara Teal, OTR, Dir. O.T.

Meadowbrook Hospital  
Bethpage Turnpike & Carman Avenue  
Hempstead, New York  
Mrs. Harriet Tiebel, OTR, Chief O.T.  
(Program in progress)

Montefiore Hospital  
210th Street & Bainbridge Ave.  
New York 67, N.Y.  
Mrs. Lottie Barth, OTR, Dir. O.T.

Albert Einstein College of Medicine  
Yeshiva University  
Abraham Jacobi Hospital  
Pelham Parkway & Eastchester Road  
Mrs. Frances Shuff, OTR  
Program Coord. & Dir. O.T.

Hospital for Special Surgery  
535 East 70th Street  
New York 21, N.Y.  
Doris Nichols, OTR, O.T.

## NEW YORK (continued)

Institute for Crippled & Disabled  
400 First Avenue  
New York 10, N.Y.  
Thelma Wellerson, OTR, Dir. O.T.

Institute of Physical Medicine  
and Rehabilitation  
400 East 34th Street  
New York 16, New York  
Muriel E. Zimmerman, OTR, Consultant  
Judith Lannefeld, OTR, Staff

Rochester Rehabilitation Center  
50 Prince Street  
Rochester 7, New York  
Mrs. Shirley Likly, Chief O.T.

Rehabilitation Center  
University Hospital of the  
Good Shepherd  
800 University Avenue  
Syracuse 10, N.Y.  
Mrs. Shirley H. Hoskins, OTR  
Supervisor, O.T.

## OHIO

Highland View Hospital  
3901 Ireland Drive  
Cleveland 22, Ohio  
Mrs. Susan Mahan, OTR, Chief O.T.  
Nancy J. Allen, OTR  
Chief, Homemaking

Ohio Valley Goodwill Industries  
Rehabilitation Center  
10600 Springfield Pike  
Cincinnati 15, Ohio  
Mrs. Nancy McManus, OTR

## OREGON

Portland Rehabilitation Center  
1615 S.W. 14th Avenue  
Portland 1, Oregon  
Clara Schumaker, Chief, O.T.

Oregon Heart Association  
1133 S.W. Morrison  
Portland 5, Oregon



## PENNSYLVANIA

Pennsylvania Rehabilitation Center  
Goucher Street  
Johnstown, Pennsylvania  
Richard McCauley, O.T.R.

## RHODE ISLAND

Rhode Island Heart Association  
100 Lockwood Street  
Providence 3, Rhode Island

## TEXAS

Texas Rehabilitation Center  
Gonzales, Texas (P.O. Box 58)  
Rose M. Elliott, OTR, Chief O.T.

Texas Institute for Rehabilitation  
and Research  
1333 Moursund Avenue  
Houston 25, Texas  
Mary Newsom, OTR, Sup. O.T.

## VERMONT

University of Vermont  
Department of Home Economics  
Home Economics Building  
Burlington, Vermont  
Mrs. Julia Judson, RPT  
Home Economist

## VIRGINIA

Woodrow Wilson Rehabilitation Center  
Fishersville, Virginia  
Joy Anderson, OTR, Sup. O.T.

## WASHINGTON

Washington State Heart Association  
3121 Arcade Building  
Seattle 1, Washington

## WISCONSIN

Curative Workshop of Milwaukee  
750 North 18th Street  
Milwaukee 3, Wisconsin  
Clare Werner, OTR, Sup. O.T.  
Home Service Department  
Marian Thill, OTR,  
Homemaking Lab. in Workshop

Wisconsin Heart Association  
205 West Highland Avenue  
Milwaukee 3, Wisconsin

Madison Voc. & Adult School  
Madison, Wisconsin

Wausau Vocational & Adult School  
Wausau, Wisconsin  
Mrs. Marie Bannon, Coordinator

Green Bay School of Vocational  
and Adult Education  
Green Bay, Wisconsin

Fond du Lac Vocational & Adult School  
Fond du Lac, Wisconsin

Wisconsin Neurological Foundation  
1954 East Washington Avenue  
Madison 3, Wisconsin  
Marilyn Davis, OTR, Chief O.T.



REPORT OF SURVEY ON TRAINING PROGRAM FOR THE DISABLED HOMEMAKER  
IN THE U.S.A. - 1961

In view of the increasing interest in the problems of the disabled homemaker, and in connection with the scheduled meeting in Stockholm of experts from various countries (October 12-18th, Disabled Homemakers Committee, Committee on Prostheses, Braces and Technical Aids, International Society for the Rehabilitation of the Disabled), a survey of facilities for training these people was conducted. Questionnaires were sent to centers known to be presenting such services and to as many other places as it was felt might be engaged in such activity. It is possible that some centers might not have been contacted and, if so, it is hoped they may be added in the future. The following is a summary of this survey with the questionnaire and some full details of the report attached.

(1) Number of places reporting training services to the disabled homemaker

- 74 total number of center available
- 2 in progress
- 5 known to have programs, but not reported on for survey
  - 55 servicing persons with all types of disabilities
  - 14 for housewives with cardiac problems only
  - 3 for the blind housewife
  - 1 for the arthritic housewife

(2) Facilities available - kitchen

- 61 centers have some sort of kitchen facilities
- 5 centers use patient's own home
- 1 center uses a classroom setting
- 5 centers reported no special facilities
- 1 center is in the process of planning its facilities

(3) Facilities available - bedroom & bathroom

- 49 centers have some type of bedroom and bathroom facilities (often separate - may be regular hospital facilities)
- 3 used patient's own home facilities      1 had only bedroom
- 2 had only bathroom      5 did not specify
- 12 reported no bedroom or bathroom facilities

(4) Activity programs in addition to specific kitchen programs

Bedmaking	59 centers
Cleaning	62 centers
Laundry	54 centers (some only hand laundry or only ironing)
Child care	26 (some very limited)
Marketing	31
Home management	44
Sewing	46

- (5) Nineteen (22) centers submitted either drawing, blueprint or photograph of their facilities. Most areas have more standard equipment than equipment specially designed. This situation is mostly due to the fact that patients are unable financially to make changes at home.

(6) Departments or programs under which facilities are organized

Occupational therapy	49 centers
Nursing	2 centers
Vocational schools	4 centers
Home economics	2 centers
Combined P.T. and nursing	1 center
Combined P.T. and O.T.	2 center
A.D.L. and O.T.	1 center
School program	1 center
Blind association	1 center
Heart association	7 centers
Public school (Ad. & Voc. Educ.)	1 center
Dept. of Health - Agricultural Extension Service and Heart Association	1 center
Dietary department	1 center



(7) Number of staff personnel conducting the programs

1 full-time staff member	23 centers
2 persons	3 centers
1-5 staff persons (who were not regularly assigned but carried out program when patient needed it)	36 centers

(8) Professional status of those in charge of program

Occupational therapists	50	Ph.D.	2
Home economists	4	High school teacher	1
Registered nurses	3	County home agents	2
Physical therapist	1	Public health nurse	1
Home service agent of power company	1	Dietitian	1

(9) Status of other staff members

OTR's only	22 centers	Licensed practical nurse	1 center
O.T. students	2 centers	Physical therapists	1 center
Aides	3 centers	Nutritionist	1 center
Home economists	3 centers	Home agent nurse	1 center
Volunteers	5 centers	Dietitian	1 center
R.N.	1 center	Rehab. technician	1 center
		Student nurses	1 center

(10) Treatment schedules

Patients are generally seen individually, sometimes only in groups (especially when the programs are in the nature of class demonstrations).  
Some centers provide for BOTH individual and group sessions.

Individual treatment available 33 centers

Treatment in groups only  
(generally classes for cardiac patients) 13 centers

Both individual and group sessions available 27 centers

When groups are handled, the usual number is 2 or 3, but it may be anywhere from 2 to 6. In classes, the number ranges from 4 to 40.

(11) Treatment sessions - time allotted

Length of sessions	1/2 - 4 hours (1/2 - 1 1/2 hours majority)
No. of sessions per patient	A few time - or 40 times (average under 10)
How often seen	Daily - several times a week - weekly - or as needed (time varies considerably)

(12) Types of disabilities treated

Cardiac only	14 centers	
Blind only	3 centers	
Arthritic only	1 center	
Rehabilitation centers	55	
cardiovascular disease (CVA)	46 centers - average 50% or more	
poliomyelitis	18	10%
arthritis	25	15%
multiple sclerosis	24	8%
paraplegia	20	20%
quadriplegia	9	12%
cardiac	10	25%
amputee	16	10%
cerebral palsy	7	5%
low back	2	5% & 50%
fractures	3	5%
cancer	2	2%
Parkinson	4	4%
neurological	4	3%
muscular dystrophy	2	3%

psychiatric	3 centers	Average 2%
postorthopedic surgery	2	5%
adolescent girls with orthopedic problems	1	5%
accidents	2	%
blind	2	50%
emotional cases	2	10%
mentally retarded	2	5%
chest service	2	%
miscellaneous	16	11%
hand injuries	1	

(13) Records

39 centers used special forms (prescription & ADL sheets)

26 centers do not use any special forms

8 centers do not specify

(14) Special literature

25 centers have special literature on this subject

Examples:

"Heart of the Home"  
 "Home Evaluation"  
 "Equipment Evaluation"  
 "Homemaking for the Hemiplegic"  
 "Homemaking for the Arthritic"  
 "Homemaking for the Paraplegic"  
 "Program Description and Outlines"  
 Special Recipes  
 "Take it Easy" Cook  
 Energy Saving Methods leaflets

33 centers have no special literature

15 centers did not specify

(15) Financing of patients' training - sources of money available

Insurance	32 centers
D.V.R.	33 centers
Private organization	27 centers
Self-pay	41 centers
Other means	38 centers
Welfare	11 centers
United Fund	1
Research grant	1
Free	2
Referring agency	1
Agency funds	3
Easter Seal	3
Veterans Administration	1
Public aid commission	1
Heart Assn. & Volunteer Comm.	2
State or County Agencies	1

(16) Home visits (usually made by homemaking staff member)

Centers reporting making such visits	48
Centers reporting no visits made	25

Purpose of home visits & number of centers used by

Initial evaluation	24
Follow-up	44
Family contact	29
Discharge planning	2

(17) Home visits by staff members from other departments

Agencies reporting such visits	29 centers
Personnel performing this service	
Physical therapists	5 centers
Nurse	3
A.D.L. nurse	1
DVR counselor	3
Social worker	5
Visiting nurse	1
Home demonstration agent	1
Person not designated	10
Resident	1

(18) Reports on periodic check-up to evaluate progress

30 centers report YES (not always regularly)

35 centers report NO

Other methods of follow-up reported

Questionnaire	Telephone contact (2)
Community agencies	Social worker, vocational counselor or public health nurse
Literature sent out	Survey letter V N A
Hospital O.P. Clinic	Public Health nurse

(19) Funds available to pay for equipment

31 centers or agencies report YES

31 centers or agencies report NO

11 centers did not specify

Sources of funds available as indicated

Social service	4 center	Hospital funds	6 centers
Private organization	1	Milwaukee county	1
Special funds	1	Private contribution	1
O.T. dept. hospital fund	3	Special gifts	1 1
Private funds	5	Volunteer funds	1
O.V.R. funds	1	Welfare	1
Donor of kitchen facilities	1		

(20) Source of funds for remodeling patients' homes

Volunteer funds	1 center	Community	1 center
Family	10	Friends	1
County welfare	3	D.V.R.	7
Insurance	2	Hospital special funds	1
Workman's compensation	1	State rehab.	1
Clubs	2	Nat'l. Foundation	1
Church	1	Muscular Dystrophy	1

(21) Adjustment of patient's home

36 centers report they attempt to have adaptations  
made by the time patient is ready for discharge

24 centers report no attempt made

Service reported done by

Home visits 23 centers

Information forms 15 centers

Other 11 centers

consultation  
telephone contact  
letter  
visits from family

(22) Plans for alterations provided to patient

38 centers reported YES (but not always regularly)

19 centers reported NO

16 centers did not reply

Plan a working drawing done to scale

16 centers reported YES (some only occasionally)

36 centers reported NO

21 centers did not reply

(23) Problems of centers as reported

Lack of trained personnel 21 centers

Lack of facilities 12 centers

Lack of referrals 29 centers

Other problems - as described

lack of organized programs  
lack of time (2)  
lack of home visits (2)  
distance to patient's home  
lack of understanding of rehabilitation  
lack of first-hand information from patients living  
at a distance  
need for remodeling and equipment  
homemaking not considered a vocation (by one state)  
reaching patients who really need it  
limited length of hospital stay (2)  
lack of very disabled patients

## ORGANIZATIONS Concerned with Problems of Disabled Homemakers

### Voluntary

1. American Heart Association, 44 East 23rd Street, New York 10, N.Y.  
State Associations, Michigan, Illinois, Washington, Minnesota, Maryland, Iowa, Montana, Oregon, Wisconsin, Rhode Island, Hawaii.
2. National Society for Crippled Children and Adults, Inc. 2023 West Ogden Avenue, Chicago, Illinois (also state societies)
3. National Foundation, 800 Second Avenue, New York 17, N.Y.
4. National Tuberculosis Association, 1790 Broadway, New York 19, N.Y.
5. International Society for Rehabilitation of the Disabled, 701 First Avenue, New York 17, N.Y.
6. Arthritis and Rheumatism Foundation, 23 West 45th Street, New York 36, N.Y.
7. National Multiple Sclerosis Society, 207 Park Avenue, New York, N.Y.
8. Muscular Dystrophy Association of America, 21 East 40th Street, New York 17, N.Y.
9. American Foundation for the Blind, Inc., 15 West 16th Street, New York 11, N.Y.
10. National Society for the Prevention of Blindness, 1790 Broadway, New York 19, N.Y.
11. United Cerebral Palsy Association, 321 West 44th Street, New York, N.Y.  
United Cerebral Palsy Association of New York, 220 West 42nd Street, New York, N.Y.  
United Cerebral Palsy of New York City, Inc., 70 Fifth Avenue, New York, N.Y.
12. National Safety Council, 20 North Walker Drive, Chicago 6, Illinois.

### Professional

13. American Occupational Therapy Association, 250 West 57th Street, New York 19, N.Y.
14. American Physical Therapy Association, 1790 Broadway, New York 19, N.Y.
15. American Home Economics Association, 1600 20th Street, N.W., Washington 9, D.C.
16. American Dietetics Association, 620 Michigan Avenue, Chicago 11, Illinois
17. National League for Nursing, Department of Public Health Nursing, 10 Columbus Circle, New York 19, N.Y.



18. Conference of Rehabilitation Centers and Facilities,  
828 Davis Street, Evanston, Illinois. (9th annual conference,  
list of centers)
19. National Conference on Homemaker Services, 19100 North Park  
Boulevard, Shaker Heights, Cleveland 22, Ohio.  
Pub: Homemaker and Related Services, 1958  
A Directory of Agencies in the United States  
U. S. Department of Health Education and Welfare,  
Public Health Service Pub. No. 598
- Government, State and local agencies
20. State Universities, School of Home Economics or Agricultural  
Extension Services.  
(Listed below are those departments that have been particularly  
concerned with the disabled homemaker as well as the nondisabled.)
- Michigan State University, Department of Home Management  
and Child Development
  - University of Minnesota, Institute of Agriculture, St. Paul 1,  
Minn.
  - Cornell University, School of Home Economics, Ithaca, N.Y.
  - University of Illinois, Agricultural Extension Service,  
Urbana, Ill.
  - Montana State College, Home Economics Department, Bozeman,  
Montana.
  - University of Vermont, School of Home Economics, Burlington,  
Vermont.
  - State College of Washington, Department of Home Economics,  
Pullman, Washington.
  - University of Connecticut, School of Home Economics, Storrs,  
Conn.
21. United States Department of Health, Education, and Welfare  
Office of Vocational Rehabilitation, Washington 25, D.C.  
Bureau of Public Assistance (and State Departments of  
Welfare)  
Children's Bureau  
Public Health Service  
Office of Education  
O.S.I.
22. U.S. Department of Labor, Washington, D.C.
23. U.S. Department of Agriculture (U.S. Extension Service, Home  
Economics Institute)
24. Schnectady County T.B. and Health Association (have training  
kitchen at City Hospital) 4 South Church Street, Schnectady 5,  
New York.
25. State of Minnesota, Department of Health, Minneapolis 14, Minnesota.
26. Health Association of Rochester and Monroe County, 973 East  
Avenue, Rochester 7, New York.



27. Knox County Office of the Tennessee Department of Public Welfare (provides homemaker services, 4 full-time, 1 part-time personnel)
28. New Jersey State Department of Health (with Rutgers University and Visiting Homemaker Association of New Jersey, Inc. - courses and services.
29. Family Service Association of America
  - Hartford Family Service Society and Greenwich Hospital
  - Family Service of Cincinnati and Hamilton County, 2343 Auburn Avenue, Cincinnati 19, Ohio
  - Community Homemaker Service, Jewish Family Service, New York New York City
  - Community Service Society, 105 East 22nd Street, New York 10, New York.

Private  
and  
Public  
Utilities

30. Equitable Life Assurance Society of the United States  
Bureau of Public Health  
Box 572, Genral Post Office, New York 17, N.Y.
31. Educational Service Bureau (heart Kitchens)  
American Gas Association, 420 Lexington Avenue, New York 17, N.Y.
32. Edison Electric Institute, New York City
33. New Jersey Power and Light, Newark, New Jersey
34. Michigan Consumers Power Company, Lansing & Jackson, Michigan
35. Virginia Electric Power Co. (with Richmond Cpt. American Heart Association)
36. Detroit Edison (with Rehabilitation Institute of Metropolitan Detroit)
37. Home Service Department, Illinois Power Company, Belleville, Illinois
38. Hawaiian Electric Company, Honolulu, Hawaii (blind - classes of 20)

INDIVIDUALS WHO WORK WITH DISABLED HOMEMAKERS' PROBLEMS

Christine & Cuthbert Salmon  
Salmon & Salmon, Architects  
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Frances G. Sanderson  
Home Economics Dept. (retired)  
Wayne State University  
Detroit, Michigan

## REHABILITATION OF THE DISABLED HOMEMAKER

### A. Books

- 1950 Guide to Easier Living, Mary & Russell Wright, Simon & Schuster, New York, 1950. (Popular book giving ideas on how to choose and manage furniture and furnishings with an eye toward easier living.) Illus. \$3.50
- 1953 Living With A Disability, Howard A. Rusk, M.D. & others. McGraw-Hill, New York 1953. Now available from the International Society for the Rehabilitation of the Disabled, 701 First Avenue, New York 17. (The intention of the book is "to make available knowledge of existing inventions and discoveries that may help disabled persons find something from which they can derive greater independence, efficiency, happiness and comfort." Well illustrated. A book for the patient and his family.) \$1.50
- 1954 Management for Modern Families, Irma H. Gross & Elizabeth W. Crandall. Appleton-Century Crofts, Inc., New York, 1954. (A college textbook designed primarily for courses in Home management. Stresses the significance of management and shows how the family can use the management process to achieve those goals that the family itself considers important. Management as a process, related first to all family resources, then to specific resources, and finally to the family life cycle. References are made to disabled homemakers when appropriate.) \$5.50
- 1955 Household Equipment, Louise Jenison Peet & Lenore Sater Thye - 4th edition. John Wiley & Sons, Inc., New York. (An indispensable guide to selection, use, and care of household equipment.) \$6.00
- 1958 Rehabilitation Medicine, Howard A. Rusk, M.D. and 36 collaborators. C.V. Mosby Co., St. Louis, 1958. (Includes a chapter by Julia Judson on the principles to training the disabled homemaker and also an excellent bibliography.)
- 1959 Management in the Home, Lillian Gilbreth; Orpha Mae Thomas; and Eleanor Clymer, Dodd Mead, New York. Revised 1959. (Happier living through saving time and energy. Presents the best that has been thought and done toward improving the utilization of time and energy. Revision includes a chapter on the handicapped homemaker.) \$5.00
- 1960 Arthritis: General Principles, Physical Medicine and Rehabilitation, Edward W. Lowman, M.D., editor. Little, Brown & Co., Boston. (Chapter XIV is devoted to training the arthritic homemaker.)

## REHABILITATION OF THE DISABLED HOMEMAKER

### General Literature

#### B. Bulletins & Pamphlets

- 1950 Rehabilitation of the Tuberculous Housewife, Washington State Tuberculosis Association, 1000 Lenore Street, Seattle 1, Washington. (One of the best references available on the rehabilitation of the tuberculous housewife. Folio includes a set of instruction guides in laundry, clothing, kitchen foods and nutrition, home furnishings and housekeeping schedules, as well as a work book for patients.)
- 1952 Rx for the Disabled Housewife, Institute of Physical Medicine and Rehabilitation, NYU Medical Center, 1952, 14 pp. illus. (Reprinted 1961)
- 1953 Doing Something for the Disabled, Mary E. Switzer & Howard A. Rusk, M.D. Affairs Pamphlet No. 197, 22 East 38th Street, New York 16, N.Y. 25¢. (The problem of disability is presented on a national scale, what it costs, the problems involved, the services of rehabilitation centers, and the needs of the country.)
- 1955 A Manual for Training the Disabled Homemaker, Howard A. Rusk, M.D. and others. Rehabilitation Monograph VIII. Institute of Physical Medicine and Rehabilitation. \$2.00
- Services of Cincinnati and Hamilton County, CINCINNATI JOURNAL OF MEDICINE, 30:65-68, 1955.
- 1956 A.D.L. Activities of Daily Living, testing, training and equipment - Edith B. Lawton. Rehabilitation Monograph X. Institute of Physical Medicine and Rehabilitation, 400 East 34th Street, New York 16, N.Y.
- 1957 Handbook for One-Handers, Aaron L. Danzig, 2nd edition 1957, published by the Federation of the Handicapped, 211 West 14th Street, New York 11. (A practical guide for those who have lost the functional use of an arm or hand; includes a section devoted to preparation of meals and household hints.)
- Homemaker Service in a Medical Setting, Dora Goldfarb and Phyllis Manko, CHILDREN, Nov.-Dec. 1957, Vol. 4, No. 6, pp. 213-218.
- 1958 Helps for Handicapped Women, Women's Bureau Pamphlet No. 5, 1958. U.S. Dept. of Labor, Supt. of Documents, Govt. Printing Office, Washington 25, D.C. 40¢.
- When Illness Strikes, Carol Z. Grossman, TODAY'S HEALTH, Feb. 1958, pp. 24, 25, 61.
- 1960 The Patient's Motion Ability: Evaluation Methods, Trends and Principles, Mary Eleanor Brown, M.A., reprinted from REHABILITATION LITERATURE, Nat. Soc. for Crippled Children & Adults. (Part I - Feb. 1960, Vol 21; No.2. Part II - March 1960, Vol 21, No. 3.) (Contains bibliographies on many aspects, including Home Evaluations, Homemaking and Housework Abroad & in USA, A.D.L., etc.)



## REHABILITATION OF THE DISABLED HOMEMAKER

### General Literature

#### C. Magazines & Journals

- 1950 The Physically Handicapped and the Kitchen Operation, Julia S. Judson. Reprinted from THE KITCHEN REPORTER, published by Kelvinator Kitchen, Detroit, January 1950.
- New Hope for the Handicapped Housewife, Mary Jacobs, TRUE STORY MAGAZINE, August 1950, pp. 16, 17, 95, 96. (Describes NYU Kitchen.)
- 1951 Helps for the Homemaker - Special Kitchens for Women with Heart Trouble, P. G. & E. Progress, San Francisco, Feb. 28, 1951.
- The Importance of Research, Andrew C. Ivy, M.D. THE CRIPPLED CHILD, December 1951. (Contains statistics on numbers of handicapped persons in U.S.A. in June 1950.)
- Helps for Handicapped Homemakers, Julia Judson. Reprinted from ELECTRICITY ON THE FARM Magazine, June-July 1951, No. 6. (Copies available from IPMR)
- Gas Gives Heart to Cardiacs, American Gas Association Monthly, October 1951, pp. 8, 9, 37.
- Helps for Disabled Housewives, ELECTRICAL WORLD, July 30, 1951. pp. 76-77. (Describes NYU kitchen.)
- Planned 'Wheel Chair Kitchen' Can Make the Disabled Self-sufficient, WOMEN AND ELECTRICITY, May 1951. Electric Companies' public information program. (Describes NYU kitchen.)
- 1952 Out of the Study Hall into the Kitchen, Howard A. Rusk, M.D. & Julia Judson, M.S., R.P.T. - Article in EXCEPTIONAL CHILDREN, Journal of the International Council for Exceptional Children, 1201 Sixteenth Street, N.W., Washington 6, D.C. December 1952. (A discussion of a specially designed kitchen for the handicapped which could be incorporated in schools so that the exceptional child also could benefit from attending a homemaking class.)
- 1953 The Cardiac Housewife, Margaret H. Austin, M.D., JOURNAL OF AMWA (American Medical Women's Ass'n.) June 1953, 8:6.
- Work Program for the Disabled Housewife, Edith L. Kristeller, M.C., ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION, July 1953, 34:7
- Medical Aspects of Housework, Orthopedic Disabilities of Housewives - Edith L. Kristeller, M.D. JOURNAL OF THE AMERICAN WOMEN'S ASSOCIATION (reprinted), Vol. 8, No.6, June 1953, pp. 195-198.
- Our Second Heart-Saver Kitchen, Bernice Strawn in WOMAN'S HOME COMPANION, October 1953, pp. 68-70.
- 1954 A Handicapped Homemaker's Kitchen on Wheels, L. L. Clemmer, Edison Electric Institute Bulletin, Feb. 1954, pp. 53-56.

- 1955 Idea Kitchen Promotes Easier Living, THE OHIO FARMER, Feb. 1955, pp. 40-41.
- Kitchen Activities for Neuropsychiatric Patients, Judith Leon Garner, OTR. Reprinted from AJOT, Vol. IX, No. 5, Part I, Sept.-Oct. 1955.
- Homemaking Counselor, An Emerging Career for Home Economists, Mary Hawkins, JOURNAL OF HOME ECONOMICS, Vol 47, 1955. pp. 667-679.
- The Team Approach for the Rehabilitation of the Handicapped Homemaker, A. June Bricker, JOURNAL OF HOME ECONOMICS, Vol. 47, 1955, p. 625.
- Surmounting the Handicaps of the Physically Limited Homemaker, Frances G. Sanderson, JOURNAL OF HOME ECONOMICS, November 1955, 47:9.
- 1956 The Arthritis Kitchen, HOME IN REVIEW, June 18-22, 1956, New York 46, (New York University kitchen)
- Rehabilitation Views and Previews, Elizabeth Eckhardt May, JOURNAL AMER. DIETETIC ASSOCIATION, Vol. 32, pp. 1049-1053.
- Home Management for the Disabled, Joan R. Hassack, AJOT, July-August, 1956.
- Ingenuity of a Dietitian "Wheelchairee", W. M. Bayles, JOURNAL OF AMERICAN DIETETIC ASSOCIATION, Vol. 32, 1956. p. 1958.
- Rehabilitation in a Tuberculosis Hospital: Teaching Home Management and Food Selection, R. M. Post, JADA, Vol. 32, 1956, pp. 1088-1090.
- 1957 Occupational Therapy Aids Disabled Homemakers, Majorie Ball and M. N. Wood, JOURNAL OF HOME ECONOMICS, Vol. 49, 1957. pp. 429-431.
- Adaptation of Homemaking Skills for the Hemiplegic Woman, Ruth Emmett, OTR. Reprinted from AJOT, Vol. XI, No. 5, September-October 1957.
- Living Is Your Responsibility, Neva R. Waggoner, THE CRIPPLED CHILD, October 1957. pp. 12-14.
- 1958 Planning for Rehabilitation Service, A. June Bricker, JOURNAL OF HOME ECONOMICS, Vol. 50, No.9, November 1958. (Article defines the role of the home economist, nutritionists and dietitians on the rehabilitation team.)
- Living Alone on Two Crutches and One Foot, R. Bland, JOURNAL OF HOME ECONOMICS, Vol. 50, 1958, pp. 366-367.
- Home Economists in Rehabilitation - The Team Approach, Julia Judson, JOURNAL OF HOME ECONOMICS, Vol. 50, No. 9, November 1958, pp. 702-704.
- Steps to Aid Handicapped Women in Homemaking, Gertrude Zmola in JOURNAL OF HOME ECONOMICS, Vol. 50, No. 10, December 1958.
- Handicapped Women Win Over Disabilities, THE FAMILY ECONOMIST, June 1958.

- 1959     Suggestions for the Rehabilitation of the Physically Handicapped Homemaker, Elizabeth Eckhardt May, Ed.D., reprinted from AJOT, Vol. XIII, No. 4, Part 1, July-August 1959.
- One-Armed Mother, Eileen Sharpes, LADIES HOME JOURNAL, July 1959.
- Homemaking Without Vision and Hearing, H. Rusalem, JOURNAL OF HOME ECONOMICS, Vol. 51, 1959, pp. 861-863.
- Helping Handicapped Homemakers, Ruth Stief and Marian Melrose, JOURNAL OF AMERICAN DIETETIC ASSOCIATION, Vol. 35, 1959. pp. 711-714.
- 1960     Role Modification of the Handicapped Homemaker, Victor A. Christopherson, Ed.D., REHABILITATION LITERATURE, Vol. 21, No. 4, April 1960.
- Beltsville Energy-Saving Kitchen, Alberta D. Shackelton, AMERICAN AGRICULTURIST, May 7, 1960, p. 24.
- 10,000 Handicapped Women and The Public Program, Miriam Stubbs, REHABILITATION RECORD, Sept.-Oct, 1960, 1:5.
- 1961     Patients Cook their Way Back To Health, Joan S. White, THE MODERN HOSPITAL, Vol. 97, No. 2, August 1961, pp. 112, 114, 117.

REHABILITATION OF THE DISABLED HOMEMAKER

General Literature

D. Mimeograph Sheets

1958

The Role of the Home Economist, Nutritionist and Dietitian in Rehabilitation of the Physically Handicapped, prepared by the ADA-AHEA Joint Committee on Rehabilitation of the Physically Handicapped, June 1958. (5 page typewritten article in reference file at Institute of Physical Medicine and Rehabilitation)

Suggestions for the Nurse in the Rehabilitation of the Handicapped Homemaker, compiled by Dr. Elizabeth Eckhardt May, Mrs. Julia Judson and Mrs. Neva Waggoner, School of Home Economics, University of Connecticut, October 1958. (2-page memo.)



REHABILITATION OF THE DISABLED HOMEMAKER

General Literature

G. Newspaper Articles

(Other centers)

- 1948 Best Height for 'Working Surfaces' Found, Women's Page, COLUMBUS DISPATCH, Sunday, Oct. 17, 1948. (Exhibit of New York Heart Association at Museum of Natural History, with Dr. Gilbreth.)
- 1950 Wayne University Teaches Women How To Save Their Hearts, Jane Pickering, DETROIT TIMES, Dec. 6, 1950.
- 1951 Cardiac Kitchen Provides Work-Saving Trips for All, CHICAGO SUNDAY TIMES, March 8, 1951.
- Let 'Old Rocking Chair' Get You, Isabel Dubois, CHICAGO DAILY NEWS, March 17, 1951, p.4.
- Kitchen for Cardiac Patients, CHICAGO TRIBUNE, March 6, 1951.
- Housework Woes Noted by Science, NEW YORK TIMES, January 23, 1951
- 1952 Cardiac Kitchen Helps Wife With Bad Heart, Dr. Margaret Austin. (A Newspaper Article.)
- Stop Drying Your Dishes - Doctor Tells Housewives, Dr. Margaret Austin, THE PITTSBURGH PRESS, 1952.
- Outlook Rosier For Women Hit by Polio, CLEVELAND NEWS, Friday, October 24, 1952, p. 9.
- Industry Urged to Help Wives as Homemakers, Pittsburg Sunday SUN-TELEGRAPH, Jan. 20, 1952.
- Housewife Exposed to All Sorts of Hazards, Joan Troan, THE PITTSBURGH PRESS, 1952.
- 1953 Grandmother Cooks, Cleans, Despite Crippling Arthritis, Mary P. Parkwood, BINGHAMTON PRESS, Friday, Feb. 13, 1953.
- 1955 It's A New Day for Handicapped, Helen Waugaman & Cecil Relihan, THE SUNDAY PLAIN DEALER, Cleveland, Dec. 4, 1955.
- All Life's a Gamble . . . But It's a Safe Bet to Lengthen It By Sitting Down, Ed Schultz, SCHENECTADY UNION-STAR, Saturday, Dec. 31, 1955, p. 10.
- 1957 Disabled Women Conquer Kitchen, Ronald Maiorana, NEW YORK TIMES, August 26, 1957.
- 1960 A Kitchen That Saves Work, HERALD-TRIBUNE Modernizing Section, May 15, 1960.

## REHABILITATION OF THE DISABLED HOMEMAKERS

### General Literature

#### G. Newspaper Articles (N.Y.U. Programs)

- 1951 Wheel-Chair Kitchen Designed to Make Disabled Independent, Harriet Jean Anderson, NEW YORK HERALD-TRIBUNE, March 14, 1951.
- 1-page article with picture from IPMR, regarding housewives with heart problem, Robert Goldman (paraplegic) in PARADE, April 1, 1951.
- Her Tomorrows Are Brighter Today, advertisement in TIME, May 7, 1951, p. 115.
- Town and Village Dines, Helen Worth, TOWN & VILLAGE, Thursday, July 19, 1951.
- Advances in Rehabilitation of Handicapped Are Noted, Howard A. Rusk, M.D. NEW YORK TIMES.
- Polio Mother Runs a House from a Wheelchair, Sally MacDougall, NEW YORK WORLD-TELEGRAM AND SUN, Thursday, October 4, 1951.
- 1952 Brains vs. Brawn in Home, Peggy Post, NEW YORK POST, Tuesday, January 15, 1952.
- Homework for the Handicapped, Joan O'Sullivan, King Features Syndicate, Wednesday, November 5, 1952. (picture story)
- 1953 Safety Measures in Home Discussed, NEW YORK TIMES, March 5, 1953.
- New Homes are Safer, NEWARK EVENING NEWS, March 12, 1953.
- Medical Science Aids Housewife, REPUBLICAN, Waterbury, Conn. April 12, 1953.
- Housewife Teaches Kitchen Work To Disabled, Hope Johnson, NEW YORK WORLD-TELEGRAM AND SUN, Wednesday, August 19, 1953.
- 1955 Eases Home Chores with Saw, Hammer, Mary O'Flaherty, DAILY NEWS (Brooklyn Section), Monday, March 28, 1955. p. 3.
- 1956 Study of Handicapped, Howard A. Rusk, M.D., NEW YORK TIMES, October 21, 1956.
- 1957 Ease Housework With A Plan, Trudi Novina, NEW YORK WORLD-TELEGRAM AND SUN, February 20, 1957.
- 1959 Kitchen Gadgets Aid the Disabled, NEW YORK TIMES, January 26, 1959.

## ENERGY SAVING AND WORK SIMPLIFICATION

### A. Books

- 1949    Motion and Time Study, Barnes, John Wiley & Sons, Inc., New York, 1949.
- 1959    Management in Family Living, Nichell & Dorsey, John Wiley & Sons, Inc., New York. 3rd edition, 1959. \$6.95.
- Work Simplification, Creative Thinking About Work Problems, Robert Lehrer, Englewood Cliffs, New Jersey, Prentice-Hall, Inc. 1959.

## ENERGY SAVING AND WORK SIMPLIFICATION

### B. Bulletins and Leaflets

- 1945 A Pattern Motion Study, prepared by Home Management Extension Committee, HOME MANAGEMENT, No.5, June 1945. Available in single copies from the Extension Service, U. S. Dept. of Agriculture; Supt. of Documents, U. S. Govt. Printing Office, Washington 25, D.C. Available in mimeographed form from the U. of Connecticut, Storrs. (Outlines how to study motion using a process chart; gives details of before and after methods of preparing potatoes for baking.)
- 1948 Easier Homemaking, Purdue University, Lafayette, Indiana, Engineering Experiment Station in cooperation with the Agricultural Experiment Station. Demonstration Bulletin 529.
- 1949 Posture in Housework, AIS #83, May 1949, 23 pp. Supt. of Documents, U.S. Govt. Printing Office, Washington 25, D.C. (Charts of line drawings showing energy required for various postures. Examples of "this - not this" applied to housework.)
- 1950 The Heart of the Home, American Heart Association, 44 East 23rd Street, New York 10, N.Y. (Simple floor plans details and photographs of work simplification kitchen designed for cardiac housewives.) 28-page booklet, 10¢.
- 1951 Oxygen Consumed in Household Tasks, Esther Crew Bratton, Cornell University Agricultural Experimental Station, Ithaca, N.Y. Bulletin 873. August 1951. 5¢.
- One Hundred Ways to Save Steps, Ida C. Hagman & Frances Stollard, University of Kentucky, Lexington 29, Ky. Bulletin 1229. June 1951.
- 1953 Easy Ways, Cleo Fitzsimmons, Eva Goble and Gertrude Monhant, Agricultural Extension Service, Purdue University, Lafayette, Indiana. Extension Bulletin 391.
- 1954 Homemaking Hints, National TB Association, 1790 Broadway, New York 19. (24-page booklet with good suggestions on saving energy.) Free.
- 1955 Simplified Housework, Ernest La France, Home Economics Department, Wayne University. Published by Birk & Co., 3 West 57th Street, New York 19, N.Y. 15¢.
- 1956 Take It Easy, No. 1, 2 & 3 - Harriet V. Fish, O.T., American Heart Association, 44 East 23rd Street, New York 10, N.Y. July 1956. (leaflets)
- Easier Housekeeping, Clara N. Leopold, College of Agriculture, University of Nebraska, 1952. Reprinted by the Cooperative Extension Service, College of Agriculture, U. of Connecticut, Storrs, 1956.
- Housekeeping Short Cuts, prepared by Miss Sidney Korando, Connecticut Agricultural Extension Service, U. of Connecticut, Storrs. Reprinted February 1956.

- 1958     Save Time Through Improved Work Methods, Patricia A. Middleton, Extension Service in Agriculture and Home Economics, Un. of Delaware, Newark, Del. Extension Mimeo Circular 108.
- n.d.     Work Simplification, Joanne Reitz, U. of Maryland Extension Service. Leaflet 13.
- 1960     Energy Expenditure of Women Performing Selected Activities, Martha Richardson & Earl C. McCracken. Home Economics Report No. 11, Agricultural Research Service, U.S. Dept. of Agriculture. (23-page booklet, for sale at Sup't. of Documents, U.S. Govt. Printing Office, Washington, D.C.)
- n.d.     Principles of Motion Economy Applied to Homemaking, Betty Jane Johnston and Mary Rokahr, School of Home Economics, University of Connecticut, (Application of principles listed in Ralph M. Barnes: Motion and Time Study, John Wiley & Sons.)
- n.d.     Use Your Appliances the Easy Way (in seven parts), Thelma Beall, U.S. Dep't. of Agriculture and the Ohio State University Agricultural Extension Service, Columbus. R.E. Circulars 65, 68, 70, 72, 74 and 76.
- n.d.     Easy Does It, Easy Working Heights; Housekeeping with less Bending; Lifting, Climbing and Reaching; Good Posture is Easy Posture for Housekeeping Tasks; Kitchen Quiz. The Michigan Heart Association and Wayne State University, Home Economics Dept., 4841 Cass Avenue, Detroit 2, Michigan.
- n.d.     Energy Used in Household Activities, Mary Skattebal, School of Home Economics, University of Washington. Distributed by the Washington TB Association, 1000 Lenora Street, Seattle 1, Washington.
- n.d.     Planning For the Use of "Up-Time", Home Management Program, Washington TB Association.



## ENERGY SAVING AND WORK SIMPLIFICATION

### C. Magazine and Journal Articles

- 1950 Cut Your Kitchen Work in Half!, Ruth Brindze, JOURNAL OF LIVING, November 1950, pp. 42-46.
- 1951 Fatigue in House Care, Irma Gross and S. H. Bartley, JOURNAL OF APPLIED PSYCHOLOGY, Vol. 35, 1951, pp. 205-207.
- 1952 Make Your Work Easier, Fannie Gannong and Naomi Shank. Reprinted from the November 1952 IOWA FARM SCIENCE, Vol. 7, No. 5, pp. 81-83. Extension Bulletin FS-457 (revised) Iowa State College, Ames.
- Giving the Body a Break in the Kitchen, John G. Bielawski, M.D., KELVINATOR KITCHEN, published by Kelvinator Kitchen, Detroit, September 1952.
- 1953 Psychological Aspects of Kitchen Fatigue, Franklin G. Ebaugh, M.A., THE KITCHEN REPORTER, published by Kelvinator Kitchen, Detroit, June 1953.
- How A Handicapped Homemaker Has Revised Her Work Habits  
THE KITCHEN REPORTER, published by Kelvinator Kitchen, Detroit, January 1953.
- 1955 Fatigue, Aspiration and Conflicting Demands, S. H. Bartley, HOMEMAKING AND KITCHEN REPORTER, February 1955.
- Stoop or Bend?, Bill Davidson, COLLIER'S Magazine, May 27, 1955, pp. 30-33.
- Human Energy Expenditure, R. Passmore and J.V.G.A. Durnin. Reprinted from PSYCHOLOGICAL REVIEW, Vol. 35, No. 4, October 1955. (Marvelous reference list, although many are from foreign countries.)
- 1957 Time is the Hardest Thing to Manage, Bernice Strawn, WOMAN'S HOME COMPANION, January 1957, pp. 70-77.
- 1958 Energy Costs of Activities in Health and Disease, Ed. E. Gordon, ARCHIVES OF INTERNAL MEDICINE, April 1958.
- n.d. Energy Costs in Prescription of Activity, Edward E. Gordon, MODERN MEDICINE, Vol. 25, No.24.
- 1959 Concepts of Energy and Work in Home Management, Esther Crew Bratton, JOURNAL OF HOME ECONOMICS, February 1959, Vol. 51, No. 2, p. 102.
- Human Energy Expenditure as Criteria for the Design of Household Storage Facilities, Earl C. McCracken and Martha Richardson. Reprinted from JOURNAL OF HOME ECONOMICS, Vol. 51, No.3, March 1959, pp. 198-206.

- 1960 A Psychological Approach to the Regulation of Activity in the Cardiac Convalescent, Donna Hendrickson, Janet Anderson, Edward Gordon,  
THE AMERICAN JOURNAL OF OCCUPATIONAL THERAPY, Nov.-Dec. 1960.
- 1961 Relax? A Minnesota Doctor Tells You How, John E. Eichenlaub, M.D.  
EVERYMAN'S FAMILY CIRCLE, January 1961, pp. 56, 92.

## ENERGY SAVING AND WORK SIMPLIFICATION

### D. Mimeographed Sheets

- n.d. Twenty Commandments for Easier Housekeeping, Elaine Knowles Weaver, Ohio State University (one sheet from magazine).
- 1949 Find the Easiest and the Best Way for Any Job You Do, Julia Pond, University of California, Agricultural Extension Service, September 1949. (3-page mimeo.)
- A Process Chart, Julia Pond, University of California Agricultural Extension Service, September 1949. (3-mimeo.)
- 1951 How Do You Work?, distributed by State Office of Home Demonstration Work, Tallahassee, Florida. (Adapted from mimeo sheet of Texas Agricultural Extension Service.)
- More Time For You, same as immediately above.
- 1953 Easy Does It, prepared by Bonnie J. Carter, State Office of Home Demonstration Work, Florida State University, Tallahassee, Florida. (1-sheet mimeo.)
- 1956 Easy Does It - Making Your Housework Simpler, Verda M. Dale and Alice J. Davey, Cooperative Extension Service, University of Massachusetts, U.S. Dept. of Agriculture and County Extension Services cooperating. Leaflet #277. (4 pp.)
- 1958 Save Time and Energy in Your Kitchen, Mrs. Marjorie Whittaker, Agricultural Extension Service, School of Agriculture, University of Delaware. HE-8(W) 10/58. (Single sheet - practical suggestions.)



## ENERGY SAVING AND WORK SIMPLIFICATION

### E. Workshop Proceedings

- 1953 Handicapped Homemakers, Proceedings, Leaders Workshops on Principles of Work Simplification Applied To Problems of Physically Handicapped Homemakers, School of Home Economics, University of Connecticut, June 1953. Distributed by Office of Vocational Rehabilitation, Washington, D.C. 1954.
- Workshop in Work Simplification for Handicapped Homemakers, August 31 - September 4, 1953, Wayne University Home Economics Department, Detroit 1, Michigan.
- 1955 The Team Approach to the Rehabilitation of the Handicapped Homemaker, (Workshop Proceedings) May 31-June 3, 1955. The School of Home Economics in cooperation with the Division of the University Extension, the University of Connecticut, Storrs. \$1.00.
- 1957 Techniques in Homemaking for the Disabled, Workshop Proceedings, Fort Collins, Colorado: Occupational Therapy Division, Colorado State University, June 1957. \$1.00.
- Work Simplification for Disabled and for Normal Homemakers, (Workshop Proceedings, July 1-12, 1957) - sponsored by Dept. of Home Management and Child Development, College of Home Economics, Michigan State University in cooperation with American Heart Association, Office of Vocational Rehabilitation, U.S. Dept. of Health, Education and Welfare and Continuing Education Service, Michigan State University. \$1.00.
- 1959 Conference on Work Simplification for the Disabled Homemaker, Dept. of Home and Family, School of Home Economics, Southern Illinois University, July 12-15, 1959.
- Proceedings of the Conference on Rehabilitation and Work Simplification, the University of Arizona, cooperating with the Arizona State Dept. of Health, the Arizona Vocational Rehabilitation Division & the Arthritis and Rheumatism Foundation, Southwest Chapter. June 8-12, 1959.
- 1960 Expanding the Service of the Home Economist in Rehabilitation, Workshop Proceedings, June 1960, Denver, Colorado. AHEA, 1600, 20th Street, Washington 9, D.C.
- 1961 Rehabilitation of the Disabled Homemaker, Workshop Proceedings, July 2-8, 1961. Kellogg Center, East Lansing, Michigan. Sponsored by the Michigan Heart Association, American Heart Association, and College of Home Economics, Michigan State College. (in process)

## KITCHEN PLANNING

- n.d. Plan Your Kitchen, Doris Snook and Dorothy Lawrence. Agricultural Extension Service, Ohio State University. Bulletin 279.
- n.d. The Development of a Successful Kitchen, Ella M. Cushman. New York State College of Home Economics, Cornell University, Ithaca. Cornell Extension Bulletin 354.
- n.d. Kitchen Work Surface Heights, Ohio State University cooperating with U.S. Dept. of Agriculture. Agricultural Extension Service, Columbus, Ohio. (A single sheet.)
- n.d. Efficient Home Kitchens, Effie S. Barrows, Utah State Extension Service, Utah State Agricultural College. Bulletin No. 172.
- 1944 Every House A Home - Height of Working Surfaces, Louisiana State University and A. & M. College. Division of Agriculture Extension. Vol. 1, No. 8. Reprinted 1944.
- 1949 Kitchen Planning Standards, Elizabeth M. Ranney. Circular Series Index No. C5.32. Small Homes Council, University of Illinois Bulletin, Vol. 47, No. 19, October 1949. Small Homes Council, Mumford House, University of Illinois, Urbana. 15¢ each.
- 1950 Handbook of Kitchen Design, A report of an Investigation in Space Use. Small Homes Council, University of Illinois, Urbana. Technical Series. Index No. C5.32R, 1950. \$2.00.
- 1951 A Step-Saving U-Kitchen, U.S. Dept. of Agriculture. Home and Garden Bulletin No. 14. Formerly Miscellaneous Publication No. 646. Supt. of Documents, U.S. Govt. Printing Office, Washington 25, D.C. 5¢.
- Centers for Your Work and Leisure, Ella M. Cushman. New York State College of Home Economics, Cornell University, Ithaca, N.Y. Cornell Extension Bulletin 811. May 1951.
- Guide for Arrangement of Urban Family Kitchens, Heiner & Steidl. Cornell U. Agricultural Experimental Station, Ithaca, N.Y. Bulletin 878. October 1951. Price 25¢.
- 1952 How to Fit the Kitchen to the Work Centers, Helen Noyes. THE KITCHEN REPORTER, published by Kelvinator Kitchen. Detroit, Michigan. April 1952.
- n.d. How To Plan A Modern Kitchen, Katherine Fisher. Good Housekeeping Institute. 25¢.
- n.d. Cardiac Easy-Does-It Kitchen, (Hudson's presents the) - sponsored by Wayne U. and the Michigan Health Association. J. L. Hudson Co.
- n.d. How to Get the New Kitchen YOU Want, (plan-it-yourself ideas) - Con Edison, N.Y.

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- 1948 Bra Hushallsredskap, HFI, Meddelanden 1948-49, No. 5. (Utensils and storage.)
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SWEDEN

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## **HOUSING FOR THE DISABLED**



HOUSING PROJECTS FOR THE AGED  
1951 - 1959

1951	Hartford Park	Providence, R.I.	Federal Housing
	Admiral Terrace	"	" "
	Tompkins Square Apartment House	New York City	" "
	Harrison Court	Chicago, Ill.	" "
	Gov. Geo. Clinton Houses	New York City	" "
	Orange Lake Village	St. Petersburg, Fla.	James Rosati
	Florida Sun Deck Homes (Leisure City)	Homestead, Fla.	William Murray
1952	Memorial Old Folk Home	Weslaco, Texas	County Housing Authority
1953	Ground floor and 2nd & 3rd floors of elevator building	Newsburgh, New York	State Aid
	Cobb's Hill Village	Rochester, New York	
	Dr. H. P. Hurt Village	Memphis, Tennessee	City Housing
	Prairie Avenue Courts	Chicago, Illinois	" "
	Ryderwood	Ryderwood, Washington	(whole town)
1954	Orange Gardens	Kissimmee, Florida	
	Archer Courts	Chicago, Illinois	State Aid
	Cedar Apartments Extension	Cleveland, Ohio	Federal Housing
1955	North Cape May, New Jersey		Carl Mitnick, builder
	Pampano Beach Highlands	Pompano Beach, Fla.	The Mackle Company
	Riomar	Ormond Beach, Fla.	Coogan & Beatton
	Warm Mineral Springs	Venice, Fla.	Ennis, Sam & Herron, developers
	Carey Court (cork floors ) (folding doors)	Waltham, Mass.	State Aid
	?	Windsor, Ontario	State Aid
	Francisco Plaza	San Francisco, Calif.	City Housing
1956	Senior Center	Santa Barbara, Calif.	Operated by American Women's Voluntary Service
	Golf View	Naples, Florida	Naples Construction Co.
	Loma Linda Homes	Sarasota, Florida	" "
	Eastwood Village	Centereach, L.I.	
	Douglas Gardens (Jewish (Home for Aged)	Greater Miami, Fla.	
	?	Akron, Ohio	City Housing
	Kiwanis Village	Victoria, B.C. & Vancouver, B.C.	" "
	?	St. Louis, Mo.	" "
	?	San Antonio, Texas	Federal Housing
	Herman Gardens	Detroit, Michigan	
	Carr Square Village	St. Louis, Mo.	City Housing

1956 (cont'd.)	Lavin Retirement Plan	Palm Beach, Florida	Hotel conversion (private)
	Milner Plan	Detroit, Michigan	Conversion of Taft Hotel into apartments
	Hermitage Norse Home Salhaven	Richmond, Virginia Seattle, Washington West Palm Beach, Fla.	Methodist Church & FHA Federal Housing Upholsterers' International Union
	Golden Age Center	Cleveland, Ohio	
1957	Senior Homes	Denver, Colorado	Church group & FHA.
	Carmel Hall	Detroit, Michigan	R.C. Order of Carmelite Nuns & FHA
1958	Torrington Housing	Torrington, Connecticut	
	Groton Housing	Groton, Connecticut	
	Canbury Housing	Danbury, Connecticut	
	Norwalk Housing	Norwalk, Connecticut	
	Highland Garden Apartments	Somerville, Mass.	
1959	Golden Age Center	San Antonio, Texas	
	Senior Recreation Center	San Francisco, Calif.	City Housing
	Sunshine Park	Columbus, Ohio	" "



Builders of Homes for the Aged and Disabled

- 1) Carl Metnick - North Cape May, New Jersey (elderly)
- 2) William Murray - Florida Sun Deck Homes Company (elderly)
- 3) - Mackle Company, Florida (elderly)
- 4) Robert Berida - St. Petersburg, Florida (elderly)
- 1955 5) Coogan & Beatty, Inc. - Ormond Beach, Florida (elderly)
- 6) James Rosati - Orange Lake Village, St. Petersburg, Florida (elderly)  
- Skyview Homes, St. Petersburg (elderly and disabled)
- 7) M. C. Lee - Naples Construction Company, Florida (elderly)
- 1951 8) K. C. Moore, Jr. - Orange Gardens, Kissimmee, Florida (elderly)
- 9) Naples Contruction Company - Naples and Sarasota, Florida (elderly)
- 10) Frey-Huddleston & Associates, Architects & Engineers  
1010 Creswell Street, Shreveport, Louisiana (Jack Huddleston, A.I.A.)  
(for elderly and rehabilitation centers)
- 1956 11) Douglas Fir Plywood Associates, Tacoma 2, Washington - House of  
Freedom (elderly)
- 12) Eastside Homes, Inc., Bellevue, Washington (disabled)
- 13) Cardinal Homes, Beaumont Texas (disabled)

HOUSING PROJECTS FOR THE DISABLED AND ELDERLY  
IN FOREIGN COUNTRIES

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ENGLAND  
1948

Bonslea Mead, Sturminster Newton  
Vale Terrace Shillingstone  
Stalbridge Close, Stalbridge  
Marnhull Close, Marnhull (Sturminster Rural District Council)  
Church Army Housing

NETHERLANDS  
1955

Huin in de Duinen, Zandvoort

SWEDEN

Uppsala

SWITZERLAND  
1954

Merian'schen Foundation, Basel (cork parquet flooring)  
Espenhof, Zurich

## Sponsoring Organizations for Housing

### AGED

- 1) Omaha Education Association
- 2) Seattle Educational Auxiliary
- 3) Interfaith Project, Denver
- 4) Community Project, Washington County, Iowa
- 1952 5) Detroit Corporation for Housing the Aged
- 6) Commonwealth Housing Foundation, Boston
- 1955 7) American Federation of Labor's Upholsterers Independent Union
- 8) Housing and Home Finance Agency, U.S. Government
- 9) Department of Health, Education, and Welfare, U.S. Government
- 10) Department of Labor, U.S. Government
- 11) United Auto Workers - C.I.O.
- 12) American Public Health Association
- 13) Louis L. Beaumont Fund Cleveland  
Golden Age Center
- 14) Benjamin Rose Institute
- 15) Cleveland Foundation
- 16) Hanna Fund
- 17) Home Fashions League
- 18) Cleveland Rotary
- 19) Women's City Club Foundation
- 20) Junior League
- 1956 21) Kiwanis Club, Victoria, British Columbia
- 22) Amalgamated Meat Cutters and Butchers Workmen
- 23) General Electric Company (participants only)



EXAMPLES AND LOCATION OF SINGLE OR MULTIPLE UNIT DWELLINGS  
SPECIALLY PLANNED AND FURNISHED FOR THE DISABLED

There are quite a few homes that have been built for specific disabled individuals, which may have been designed by the individuals themselves with advice from rehabilitation center staffs or with help from architects or builders. It would be impossible to list all these homes. Many of them have been described in articles (listed in bibliography).

Recently several builders of housing developments have begun to offer such homes in their projects:

Skyview Homes, St. Petersburg, Florida (Horizon House)  
Eastside Homes, Inc., Bellevue, Washington  
Cardinal Homes, Beaumont, Texas

At the Institute of Physical Medicine and Rehabilitation, New York University Medical Center, a MODEL home for the disabled has been built and furnished for demonstration, education and testing purposes.

There have been no special multiple units designed COMPLETELY for the disabled, inasmuch as this is not considered necessarily desirable. It has been done for the elderly (see attached list). In some states and major cities the State and City housing projects include a certain percentage of apartments specially designed for the physically disabled. In New York City, for example, this is provided for by law, which requires six percent of all apartments to be so designed. One private builder of middle income housing in New York City is in the process of planning ground floor apartments for the disabled in his apartment buildings which will be readily accessible (on level surface, etc.)

It would be impossible to give approximate percentages of single dwellings versus apartment houses (multiple dwellings). As a pure guess, one might say it was about equal, at this time.

Methods for providing information about the new methods, gadgets  
and specially designed dwellings

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This may be provided for in many different ways, as listed below. It may be sponsored by rehabilitation centers or by various organizations and agencies as part of their education program.

- 1) Exhibits - shown at medical, professional and public meetings and shows
  - A.M.A. Annual Convention
  - O.T. and P.T. Annual Conferences
  - National Society for Crippled Children and Adults Annual Conference
  - National Rehabilitation Association Annual Conference
  - Congress of Physical Medicine and Rehabilitation
  - Health Fairs (local areas)
  - Home Builders shows
  - New York World's Fair 1964 (in planning stages)
  - Berlin Industries Fair, 1959
  - 19th International Fair, Plovdiv, Bulgaria, 1960
  - Museum shows
- 2) Articles in various publications (journals, Magazines, newspapers, both professional and lay publications - refer to bibliography)
- 3) TV special shows or interviews
  - General Electric progress report (2-minute film on New York Horizon House)



## HOUSING - GENERAL

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- "Planning Industrial Safety for the Handicapped", Marilyn E. Johnson, INDUSTRIAL MEDICINE, October 1945. 14:10:799-800 (Reprint NSCCA)
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- PHYSICAL DEMANDS OF DAILY LIFE, George G. Deaver & Mary Eleanor Brown, Institute for the Crippled and Disabled, New York, 1945.
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- 1947 "I Have to Climb To Heaven", Melvin E. Schoonover, CRIPPLED CHILD, October 1947. 25:3:12-13 (Reprint from NSCCA)
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- SUGGESTED ORDINANCE ON EXISTING BUILDINGS, USED OR CONVERTED FOR USE AS NURSING, CONVALESCENT AND OLD AGE HOMES, National Board of Fire Underwriters, 85 John Street, New York 38, N.Y., 1954. 7 pages.
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- BUILDING & DESIGN STANDARDS, Harold R. Sleeper, John Wiley & Sons, Inc. New York 1955.
- 1956 "Planning Multiple Disability Rehabilitation Facilities", John W. Cronin, reprint from the JOURNAL OF THE AMERICAN HOSPITAL ASSOCIATION, 1956.
- UNDERSTANDING THE DISABLED, Publication No.9, Citizenship Education Project and the National Foundation for Infantile Paralysis, New York, 1956.
- ARCHITECTURAL GRAPHIC STANDARDS, Charles Geo. Ramsey & Harold R. Sleeper, 5th edition, John Wiley & Sons, Inc., New York, 1956.
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- 1959 REHABILITATION CENTERS TODAY, Henry Redkey, Rehabilitation Service Series, No. 490, U.S. Govt. Printing Office, Washington, D. C., 1959.
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